



# St. Andrew's News

www.standrewspres-tbay.ca

August 4<sup>th</sup>, 2019



Welcome to the worship of God this morning, and to our shared life in this church. It is a pleasure to have you with us today. Seat cushions are available at the back of the sanctuary. Please ask a greeter for assistance. We invite guests to sign our guest book located at the back of the sanctuary.



## WEEK OF AUG 4 - 11, 2019

Mon 5 - OFFICE CLOSED

### THANK YOU

We are so grateful to have Kathy Kroff - Fisher with us once again as our guest organist. Thank you for sharing your gift of music with our congregation.



### PRAYER INVITATION



As Christians, we have been called to pray for each other in all circumstances. To help with this, we simply move through the church membership list. Today we ask that you hold the persons listed in your prayers: Sue Heald; Larry & Kathy Hebert; Nancy Hicks; Bruce & Ellen Hole; David, Sean Hole; Rob Hole & Jennifer Wiseman, Aiden, Britton Hole; Scott & Judy, Jerimiah, Kenny, Cameron Hole; Ian & Linda Hosegood; Wayne & Janet Huber; Tom & Aileen Hughes

### A WORSHIP SERVICE

#### IS LIKE A SOCCOR GAME

Too often children understand worship as a long program or play which is put on by others and which they do not understand. They see their role as being quiet, patient, and wondering if the adults are right when they say "you'll understand it one day." A different vision can make a big difference. Children can be told that a worship service is like a soccer game. **The people in the pews (including them) are the players on the field. The preachers, worship leaders, choirs and instrument players are coaches.** The people "up front" are calling in plays and directions, but is the people in the pews who actually do the worshipping. The challenge for children (and all worshipers) is to get in the game rather than just sit there. For young worshipers there are four basic plays to worship:



1. Singing – We sing songs that remind us of who God is, what God does, and who we are. To hone this skill children need to learn the repeated songs so they can sing along. And, they need to be introduced to new songs with the expectation that some songs will become their favorites and others will be just there. Just like we prefer some plays but learn to play all the plays, we sing all the songs.

<http://worshippingwithchildren.blogspot.com/2011/04/why-children-belong-in-sanctuary.html>

### SUMMER CAMP!!

It is not to late to register for Pres-B-Camp! Senior Camp runs August 22-25th and is for those entering grades 9-12.

If you, your children, or your grandchildren are interested in a week of fun and friends grab a form and sign up now!

Pres-B-Camp is looking for volunteers to help in the kitchen or to help with the prep of camp. If you are interested please contact Will Newton ([newton9455@hotmail.com](mailto:newton9455@hotmail.com)).

If you would like to made a donation to support Pres-B-Camp you can do so through your offerings.

### Palliative Care & Bereavement Support Volunteers Needed

**Hospice Northwest** offers support and companionship to clients and their families in Thunder Bay and Region in locations such as private homes, long-term care and hospitals. Volunteers are also needed to support individuals living with dementia and to be compassionate listeners for persons grieving the loss of a loved one.

**Deadline for application is September 20, 2019.**

For more information, call 626-5570 or visit our website at [www.hospicenorthwest.ca](http://www.hospicenorthwest.ca)  
Email enquiries to Wendi Ignace at [wendi@hospicenorthwest.ca](mailto:wendi@hospicenorthwest.ca).

### BIKE DONATIONS NEEDED

Thunder Bay Multicultural Association is seeking bike donations for newcomer refugees. If you have a bicycle that is not being used please consider donating it to a refugee new to the city.

Call us at 345-0551 or email [reception@thunderbay.org](mailto:reception@thunderbay.org)  
Thank you in advance.





### From Rev. Joyce

I am at a loss. I have been sitting and staring at my computer screen, at times walking away and then coming back, trying to figure out if there is anything that I feel inspired to write about. Everything seems to come back to the pain that is slowing me down since the end of March. My knees are stiff and bending them hurts. It is exactly the same in both knees, and it started in both knees at the same time. It has not taken away my joy, though sometimes I do have tears, but it certainly takes up head space and takes away energy that I would much prefer to use in other ways. I know that many of you can relate and have been suffering much longer than I have been with no hope of the pain ever passing. It reminds me of the years that my mom suffered with chronic pain in her body and why in the end she took her last breath. She was just tired, but particularly tired of dealing with the everyday reality of pain. Unlike so many others I have hope that this will end. The doctors I have seen don't yet know what has caused this, but I have some fairly reasonable days, and we continue to investigate. What this experience is doing is giving me a little insight and more empathy into what people struggle with on an ongoing basis, the limitations and the times of being able to push through. There are many times that people say in life "this too shall pass", but that is not true for chronic pain. It is then that prayers for strength and endurance enough for each day become our request, that the joy of living will not be overshadowed by the struggle, and one learns to trust God to give us what we need. There is one friend who when asked, "How are you?" replies with "Good enough". May each of us be "good enough" to enjoy each new day God gives us in the midst of pain, but also on the good days.

#### STEWARDSHIP MOMENT

Give thanks for a little, and you will find a lot.  
*Hausa proverb*

#### PRAYER SHAWL MINISTRY

Hand-crafted shawls are available for gifting to anyone you know that may be experiencing difficult times in their lives.

The soft, warm wrap is a comforting reminder that others care about them. We encourage you to contact Terry (577-5567), Rev. Joyce (632-8348) or the Church Office (622-4273) to arrange to pick up a shawl.



There is no charge for the shawls.

#### A PCC MISSION MOMENT

##### A healthy start for newborns

In addition to providing skilled and compassionate care during pregnancy and delivery, PWS&D's maternal, newborn and child health program is improving the well-being of children during their first few years of life. Part of this is ensuring that newborns access postnatal care and necessary vaccinations. In Afghanistan, Fatima hadn't had her 10-month-old seen by a health worker since the day she was born. She is filled with gratitude for the community health worker who visited her home and told her about the importance of protecting newborns against infection through vaccinations. The health worker also told Fatima that this care is provided at a new PWS&D-supported health facility only two kilometres away. "I would not have known how important vaccinations are for children," shares Fatima.

*PWS&D improves health outcomes for children*

#### VOLUNTEERS NEEDED

The Canadian Cancer Society is looking for parking lot volunteers during the CLE at the Lowe's lot at Intercity Mall. Shifts are three hours and bringing a chair is encouraged. Times are listed below.

If you are interested, please contact Emily Groulx at 807-344-5433 ext. 3512

|                          |                            |                             |
|--------------------------|----------------------------|-----------------------------|
|                          | Wed. Aug 7 <sup>th</sup>   | Thurs. Aug. 8 <sup>th</sup> |
| 11:30am-2:30pm           | 2/4 slots filled           | 2/4 slots filled            |
| 2:30pm-5:30pm            | 1/4 slots filled           | 0/4 slots filled            |
| 5:30pm-8:30pm            | 3/4 slots filled           | 4/4 slots filled            |
| Fri. Aug 9 <sup>th</sup> | Sat. Aug. 10 <sup>th</sup> | Sun. Aug. 11 <sup>th</sup>  |
| 2/4 slots filled         | 1/4 slots filled           | 0/4 slots filled            |
| 0/4 slots filled         | 1/4 slots filled           | 1/4 slots filled            |
| 2/4 slots filled         | 0/4 slots filled           | 4/4 slots filled            |

#### ST. ANDREW'S PRESBYTERIAN

207 S. Brodie Street, Thunder Bay, P7E 1C1

Phone: (807) 622-4273

**Rev. Joyce Yanishewski**

minister.standrewspres@tbaytel.net

(807) 632-8348

Organist ~ Connor Curran

Choir Director ~ Jamie Gerow

Clerk of Session ~ John Mason

Bookkeeper ~ Diane Berube

Office Administrator ~ Shaundra Benincasa

office.standrewspres@tbaytel.net

Jim MacLean ~ Caretaker

**Sunday Worship - 11:00 am**

Office Hours: Mon. to Fri. 9:00 am to 1:00 pm