



St. Andrew's News

www.standrewspres-tbay.ca

August 9th, 2020

Responding!

Restoring!

Rejoicing!



PRAYERS FROM THE HEART

Dear Lord,

I pray for strength, for courage, for patience, for understanding and for faith. As we travel the path through this difficult time of Covid 19, may we be comforted by the encouragement we receive from family, friends and all those who are tirelessly working to help keep us safe. Bless all those who are feeling lonely, isolated and fearful and give them strength. Keep us in your care and grant us your peace. We ask in Jesus name.

Amen

Written by: Betty Murphy



From Joyce

I am thinking a lot about loss this week. The loss of celebration in particular. I think of people celebrating weddings and anniversaries, milestone birthdays, family gatherings that were to happen during the summer, and retirement from long held jobs. Moments that people have anticipated for months, and in some cases years, all now much less extravagant and exciting, in many ways a let down and a disappointment, though in most cases people are finding ways to make special memories and acknowledgments.

I am also thinking about families who have not been able to grieve the loss of a loved one in the manner they may have planned because people were not allowed to gather and now with phase three of re-opening are planning or have had a funeral service/celebration of life. This in particular is on my mind as I am going to be leading two grave-side services near the end of August. How do we make our times of grieving special? And I say this because gatherings, hugs, meals, are all part of the ways we have made good memories in our grieving. Most often we think of grieving in terms of death, but we grieve many things in life even when it is a good thing that is changing, we can feel grief.

There are many ways we can reach out to those who grieve, and remember grief is not often a short process but can go on for weeks and months or longer. Phone calls, a meal brought over, a beverage in the back yard, a card, email, or text, are just a few ways to let people know they are not alone. Next week I will share a little of what we can do for ourselves when we are grieving. In the meantime, hugs from me.

PCC MISSION MOMENTS

Building Healthy Communities (International Day of the World's Indigenous Peoples)

In Guatemala, 30-year-old Marta Crisóstomo didn't know what having a clean kitchen and a balanced diet had to do with her son's development and her family's health. But an unclean kitchen meant that Marta's family could be exposed to diseases such as diarrhea and intestinal infections. Presbyterian

World Service & Development (PWS&D)-supported workshops are empowering Indigenous communities like Marta's to improve their diets and health by sharing knowledge about cleanliness and how to prepare the nutritious food they are growing. The project has given Marta and the women in her community a sense of improved self-esteem. They now use the skills

they have learned in their everyday lives—boosting their confidence and improving their families' overall health.

**PWS&D empowers
Indigenous communities**



STEWARDSHIP MOMENTS



Remember, recycling is
an act of worship!
*Christians for Environmental
Stewardship*

POETRY, STORIES & ANECDOTES

My Attitude Changer

by June Martinsen

Oh Lord, dear Lord what can I do?
These Covid days make me so blue!
I think I'll come and talk to You
And maybe say a prayer or two.
That's what I'll do!

BOOKS FOR CHANGE

For August Reading with a Zoom conversation on
Wednesday 26th 7:30 pm.

*The Inconvenient Indian: A Curious Account Of
Native People In North America*
by Thomas King

WORSHIP SERVICES

To continue to stay connected to the
congregation, during this time, we have been
uploading church services online. Please visit our
Facebook page or our website to find a link to the
Sunday Worship services.

<http://standrewspres-tbay.ca/>

SUBMIT YOUR WRITTEN WORK



If you would like to have your own
poetry, stories or anecdotes featured in
the newsletter please send your
submissions to Rev. Joyce at,
minister.standrewspres@tbaytel.net

WAYS TO FINANCIALLY SUPPORT THE MINISTRY OF ST. ANDREW'S

e-transfer: offerings.standrewspres@tbaytel.net

- If you have an offering (envelope) number with
the church and you know it, be sure to include
that and your full name in the Message box.
- For all others, please include your first and last
names along with your full address in the mes-
sage box so we can send you a donation receipt.

Website: You can donate by credit card using the
"Donate Now" link on the website.

Preauthorized Remittance: This is a monthly
automatic withdrawal from your bank account that
can be set up with the bookkeeper. Email Barb at
accounts.standrewspres@tbaytel.net to have a
form sent to you.

Mail: You can mail in a donation to St. Andrew's
Presbyterian Church 207 S. Brodie St. Thunder
Bay, ON P7E 5X8. Or just drop it off in the mailbox
at the church.

Thank you for supporting the life, ministry, and
mission of St. Andrew's. You make a difference!

PRAYER SHAWL MINISTRY

Hand-crafted shawls are available for gifting to
anyone you know that may be experiencing
difficult times in their lives.

The soft, warm wrap is a comforting reminder that
others care about them.

We encourage you to contact
Terry (577-5567) or Rev. Joyce
(632-8348) to arrange to pick
up a shawl. There is no charge
for the shawls.



ST. ANDREW'S PRESBYTERIAN

207 S. Brodie Street, Thunder Bay, P7E 1C1

Phone: (807) 622-4273

Rev. Joyce Yanishewski

minister.standrewspres@tbaytel.net

(807) 632-8348

Clerk of Session ~ John Mason

Choir Director—Jamie Gerow

Organist ~ Rebecca Krawczuk

Office Administrator ~ Shaundra Benincasa

Bookkeeper ~ Barb Silvey

office.standrewspres@tbaytel.net

Caretaker ~ Sheila Berry

Sunday Worship - Online at

standrewspres-tbay.ca

