



St. Andrew's News

www.standrewspres-tbay.ca

August 23rd, 2026

Responding!

Restoring!

Rejoicing!



HOLISTIC WELLNESS WORKSHOP



St. Andrew's is excited to announce the return of our Holistic Wellness Workshop! This will be a full day of learning from a brand new panel of diverse presenters who will share with us their knowledge and expertise. This workshop is designed to help us on our own personal journeys of self-care and wellness.

The event will be held at St. Andrew's on **Saturday, September 26th**, from **9:00am-3:00pm**. Lunch and refreshments will be provided, and there will be draws for prizes! Tickets are \$65 each, and are limited, so book yours today! **And please spread the word - share our post on Facebook, or request printed posters from the church office.** Tickets can be purchased online by visiting our website, standrewspres-tbay.ca, or through the office by contacting us at 807-622-4273, or office.standrewspres@tbaytel.net.

STEWARDSHIP MOMENT

"Do not neglect to do good and to share what you have, for such sacrifices are pleasing to God."

- Hebrews 13:16



Donations to St. Andrew's can be sent via e-transfer to
offerings.standrewspres@tbaytel.net

ST. ANDREW'S PRESBYTERIAN

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Phone: (807) 622-4273

Rev. Joyce Yanishewski
minister.standrewspres@tbaytel.net
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Church Office E-mail:
office.standrewspres@tbaytel.net
Sunday Worship - Available online at
standrewspres-tbay.ca

Office Hours:
Wednesday - Friday, 9:00am - 1:00pm

WHAT'S HAPPENING THIS WEEK

Tues Aug 25 - TOPS @ 11am

MISSION MOMENT

On World Humanitarian Day, we recognize and celebrate the efforts of humanitarian workers who provide life-saving assistance to millions of people affected by conflicts, natural disasters, and other emergencies. Whatever their faith, they are the living examples of what Jesus asked us to do. We give thanks for Presbyterian World Service & Development's partners, who work tirelessly to ensure that essential food aid gets delivered, devastated communities are rebuilt, and access to life-saving resources is within reach. Humanitarian workers play a crucial role in ensuring the welfare of vulnerable and marginalized people. Through collaborative efforts, we work together to build a sustainable, compassionate, and just world. With daily reports of so many struggling around the world, let us take a moment today to honour these selfless advocates, and offer unwavering support for their vital efforts.



Mission Moments are short highlights of the mission and ministry in Canada and around the world supported by Presbyterians Sharing, and Presbyterian World Service & Development.

CLEANING CREW NEEDED

Volunteers are needed to help with a deep-clean of our sanctuary on **Monday, September 21st**. Clean-up will begin at **9am**, and the more people we have to help, the faster it will go! This will involve physical labour, so it's a great way to get your exercise in for the day if you are so able. If you are interested, please put your name and phone number on the sign-up sheet in the front office. Please speak to the caretaker, Sheila, if you have any questions. Thanks so much for your support!



Thank you to Rev. Pam Hogewoning for once again leading us in worship and Communion this morning.



FUN & FITNESS



Fun & Fitness resumes on **Wednesday, September 9th at 10am** in Rowand Hall. All are welcome to this 1 hour class, no registration needed. Bring a friend, and come prepared with runners, water bottle, and stay for a time of fellowship after class. Exercises can be modified to meet the needs of participants.

SEEKERS MEETING

The Seekers are a women's group that has been an important part of St. Andrew's for over 45 years, contributing to fellowship and fundraising. Their next meeting is this **Tuesday, September 8th at 11am** (Eleanor Patterson Room.) They are always open to new members.

DAILY PRAYERS

Sunday, August 23 We pray for the Executive of the Atlantic Mission Society as they finalize plans for the annual meeting in September.

Monday, August 24 We give thanks to God that young people in Guatemala are learning how to stand up against gender-based violence. We pray for PWS&D's partner AMMID and their staff as they work for women's empowerment.

Tuesday, August 25 We pray for staff and campers at Camp d'action biblique in Richmond, QC, as they learn and grow together in faith in a Christian camping community.

Wednesday, August 26 We pray for the members and work of the Gender, Sexuality and Inclusion Advisory Committee.

Thursday, August 27 We pray for the courage to seek justice where it is denied.

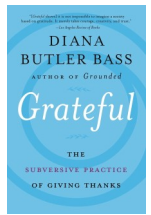
Friday, August 28 We pray for staff and campers at Cairn Family of Camps in Baysville, ON, as they learn and grow together in faith in a Christian camping community.

Saturday, August 29 We pray for those who visit the Presbyterian Church Heritage Centre in Carlisle, ON. May they be encouraged and inspired by the rich legacy of faith present within The Presbyterian Church in Canada.

Daily Prayers 

BOOK DISCUSSION

Just a reminder that there will be another discussion of the book *Grateful: The Subversive Practice of Giving Thanks* by Diana Butler Bass, to be held on **Thursday, September 17th, at 1pm**. This discussion will be facilitated by Rev. Joyce, and anyone wishing to participate may attend. The book can be purchased through various retailers, including Indigo. Watch for more details to follow.



CHILDREN & YOUTH SUNDAY

After a summer break, we look forward to welcoming children & youth back into worship with us. The next Children & Youth Sunday will be on **Sunday, September 20th at 11am**. This Sunday will also be the Blessing of the Backpacks. We encourage children & youth returning to school or daycare to bring their packsacks to church to receive a special bag tag as a reminder that "God's got their back!"



TOPS CLUB MEETINGS

Are you ready to take control of your health and wellness, once and for all? TOPS (Take Off Pounds Sensibly) is a group that has been helping people to lose weight and keep it off for over 75 years. TOPS takes a holistic approach to wellness, and is not a diet; it's a lifestyle, for a lifetime. A local chapter meets every **Tuesday at 11am** in Rowand Hall. They welcome new members at anytime. Everyone is welcome! For more information, contact Dawn at 807-251-4569.



FOOD BANK DONATIONS

Just a reminder that St. Andrew's continues to collect donations of non-perishable food items for the Thunder Bay Food Bank on an ongoing basis. Items can include cereal, baby food, and various dried and canned goods. The need for such donations within our community is great, and any support you can offer is much appreciated.



Please note that **Sunday morning worship will move from 10am to 11am as of Sunday, September 13th.**

